

The Chinese characters on the right represent the title of the Association

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The Wu Tang Chuan Kung Association has been founded by Doctor Tzu Kuo Shih and his family for the purpose of providing the American public with information about and instruction in the ancient Chinese arts of Tai Chi Chuan, Chi Kung, and traditional Chinese medicine.



WU TANG CHUAN KUNG

ASSOCIATION NEWSLETTER

VOLUME 22

Winter/Spring 2017

Recurring Past Column:

The Five Hearts

By

The Honorable
Grandmaster/Dr. T.K. Shih

At the highest level of Qigong, the instructor gives from the heart and the student must use the heart to receive. These are the five hearts the student must develop to truly receive such teaching.

SINCERITY

1. 诚心 Chéng Xīn -

- Sincere Desire.
- Sacrifice to get this learning.
- The more you give up the more you get.

If you want to get something, then you must give something.

You must truly give something precious from your heart in order to receive the highest teaching. The more you *'sacrifice'* in this way, whether it's time, money, really changing and correcting your life **so that you can do good for others**, then the more you can receive.



Qi Healers: Carrying On. . . .

Qi Healer's Day—Sunday, November 14, 2016



The Family of Qi Healers from the Chinese Healing Arts Centers

Qi Healer Day 2016 will always hold special meaning for me. The year leading up to that day had been a difficult one and was filled with many different emotions. Preparing to address the students who had meant so much to my dad and had become such an important part of his life was to say the least, daunting. My father had said on many occasions that teaching was the work that he was most proud of and here I was standing where he had stood and wanting to carry on his mission.

I started to prepare my outline for that day as I wanted the students and teachers who were in attendance to feel the dedi-

cation and commitment and honor that was now my responsibility to pass along. I was a bit overwhelmed and then someone pointed out to me during a conversation that I had really been preparing for this my whole life.

My father was a great father and a wonderful role model. He never yelled and always encouraged us to do our best to learn something every day. He would always give a patient explanation of right and wrong, and then let it go. As any normal daughter I didn't always want to listen but as I got older I appreciated all of his wisdom. At every meal we talked about health and herbs. He was al-

ways teaching us to protect our body and stay warm. Each meal contained a dish for healing. We were taught to cover our feet, your feet are everything, they are your whole body. Always drink warm water. These things were told to us time and time again ever since I can remember. Now, as a parent myself, I understand how things sink in and become a part of you even if you really don't want to hear it.

Equally important were the lessons of the heart. Respect the elderly, respect friends and respect your teacher. We were taught understanding and courage, and always to do our

(Continued on page 7)



CHINESE HEALING ARTS CENTER

The Chinese Healing Arts Center

**Chinese Healing
Arts Center**

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Family Members



His Honorable Grandmaster & Dr. Tzu-Kuo Shih

was a fifth-generation doctor of Traditional Chinese Medicine. Born in Shanghai in 1929, he learned Qigong, acupuncture and herbs from his family and other great Chinese masters. Respected in China as a high-level Qigong and Tai Chi Chuan practitioner, teacher, doctor and cancer specialist, he was on the Board of Directors of both the National Chinese and International Qigong Science Research Commissions, and Professor at both Nanjing University of Traditional Chinese Medicine and the International Qigong University in China. He had been teaching Taiji, Qigong and Qi Healing practices in the United States from the early 1980's. He founded the Chinese Healing Arts Center in Kingston, NY in 1986, and taught advanced healing practices at the branch in Danbury, CT. Author of many books in Chinese, his publications in English include *Swimming Dragon* (1989), *Qi Gong Therapy* (1994), and (2010) *Qi Gong Therapy, Volume 2*.

Dr. De Ying Huang is also from Shanghai. From childhood she learned about herbs and how to use them from her father. Dr. Huang studied Traditional Chinese Medicine at the First Medical University in Shanghai, learned acupuncture and also received a degree in Western Medicine from the Chinese Medical University. While working at the Shanghai Medical Instrument Company, she helped develop electro-acupuncture, now a commonly used technique. She has also served as the director of a research group dedicated to the development of laser acupuncture. She is on the Board of Trustees for the Shanghai Meridians Research Institute, a consultant in Taiji and Qi Gong for the Shanghai Qi Gong Healing Association and Tonyi University, and a member of the prestigious Shanghai Qi Gong Research Institute.



Dr. Melanie Shih, L.Ac., O.M.D., the sixth generation in her family's lineage of Traditional Chinese Medicine practitioners, learned Qi healing, T.C.M., Tai Chi, nutrition and herbs from her parents. In addition, she studied meridian theory at the Shanghai Research Institute, did her hospital internship at Hebei Gaocheng Medical School, and earned her medical degree at the Nanjing University of Traditional Chinese Medicine. Her dissertation on Qi Gong and Traditional Chinese Medicine earned her the award of "Best Papers" from the First International Conference and Exhibition on Ethnic Medicine in Beijing in 1997. Working alongside her parents at the Chinese Healing Arts Center, Dr. Melanie Shih learned to care about and be kind to all people. She treats patients at the Kingston NY and Rhinebeck NY of the Chinese Healing Arts Center, and is active in many professional organizations.



Master Wendy Shih began learning T'ai Chi and Qigong at the age of five to correct a very rare bone marrow condition. She progressed so well that at the age of twelve, she was accepted as a student of Ma Yu Liang, the eighty-year-old Grand Master of Wu style T'ai Chi. She also studied with legendary Grand Masters Pan Ch'un, Lu Zi Jian, and Xiu Wang Zian. In addition to attending public school, she received a classical Chinese education, tutored in painting and calligraphy by the famous Master Sung Sun Wea, then in his nineties. At the age of eighteen, Wendy was named First Prize Champion at the Chinese National Wu Style competition; a year later, at a televised national competition, she was awarded the title of Young Master by the old Wu Tang Masters. Wendy Shih graduated from the Shanghai College of Traditional Medicine in 1987 as an acupuncturist and herbalist, and is also licensed as a certified laser acupuncturist. In 1988, she and her mother joined her father and sister in the United States. Wendy often teaches Tai Chi, Qigong and classes in the healing use of food at the Danbury branch of CHAC.



teaches Tai Chi, Qigong and classes in the healing use of food at the Danbury branch of CHAC.



Chinese Healing Arts Center: 2017 Schedule of Courses

Our centers offer complete clinical care in Chinese medicine, including acupuncture, moxabustion, herbal medicine of China, Qigong healing, tuina, instruction in Tai Chi and Qigong. We also offer a unique, traditional, Qigong therapy training program with certification, as well as classes for Qigong self healing and practice, yearly and seasonal Qigong seminars, and more! Please fill in the form below to register. If you have questions call or write our center in Danbury or Kingston. All classes have a non-refundable \$50.00 registration fee, unless otherwise noted. There is no registration fee for weekly classes.

COURSES WITH MASTER WENDY SHIH LOCATION DANBURY, CT

For weekly Classes in:
Tai Chi Chuan, Qigong & Chinese
please call (203)748-8107 or Email qihealer@aol.com

TAI CHI QIGONG WORKSHOP

Time: 10:00 a.m. to 3:00 p.m.

Dates for 2017:

Feb. 5, May 21, July 16, Oct. 22, 2017

Tuition: \$300 per class

SWIMMING DRAGON QIGONG

Enjoyable, ancient Taoist Qigong form builds Qi, improves circulation, promotes well-being, beautifies the skin, helps reduce weight, tones the body, calms the mind, enhances flexibility in joints and spine, improves balance and posture, massages internal organs and muscles, make you feel happy and peaceful.

Dates and Times: Tuition \$150

- May 7th 1:30PM-4:30PM
- July 9th 10AM-1PM
- Sept 24th 10AM-1PM
- Nov12th 1:30PM-4:30PM

SEASONAL VEGETARIAN COOKING & QIGONG

Spring: Spring April 30, 2017 Time: 10– 3 p.m \$300.00

Seasonal Cooking for Liver and Gallbladder Health
Qigong for Liver and Gallbladder Health Tuition.

Summer: June 25, 2017 (10– 3 p.m.) \$300.00

Seasonal Cooking for Health, Heart and Small Intestine
Qigong for Heart and Small Intestine Health.

Fall: September 17, 2017(10– 3 p.m.)\$300.00

Seasonal Cooking for Health, Lung and Large Intestine
Qigong for Lung and Large Intestine Health

Winter: November 19, 2017(10– 3 p.m.)\$300.00

Seasonal Cooking for Health, Kidney and Bladder
Qigong for Kidney and Bladder Health

QI HEALER'S DAY

Our annual celebration of Qi Healing.

Date: November 4, 2017

Times: 10:00 a.m.—3 pm Price: \$100

Special Program: *Call for information*

The Power of the Mind

Date: November 4, 2017

Time: 9:00 to 10:00 am

COURSES with Dr. Melanie Shih, L.Ac., O.M.D Location: Kingston, NY

TEACHER'S TRAINING:

Dates: May 20-21, 2017 Times: 9:30 am to 3:00 pm

Become a certified instructor in the arts of healing with energy. Qi Healers continue training to become a certified instructor for the Chinese Healing Arts Center. Students will learn secret methods and techniques to gain special abilities, energy and wisdom; including how to open the Microcosmic Orbit in another person. Direct and transmit energy to students; prepare the classroom energetically, as well as advanced self cultivation and energy healing Qi Gong methods. Receive certification upon successful completion of exam. Prerequisites: 6-day and 8-day Qi Healer Intensive. Price:\$3000.

6 DAY QI HEALER'S INTENSIVE

Dates: September 7,8,9, & 14,15,16, 2017 Times 9:30 to 3:00

6 Golden Keys * 5 Special Door * 20 Special Methods for Healing. A rare opportunity to experience this gift from Dr. Melanie Shih to help open healing functions and make a successful Qi Healer. Price \$1200.

TEACHER'S WORKSHOP

Date: June 3, 2017 Times 9:30 to 3:00

Price: \$200.

MI TZUNG QI GONG

Date: October 7, 2017 Times: 9:30 to 3:00 pm

MI TZUNG QI GONG means "Most Secret Meditation" and is taught in two parts. Students will learn the first part in this workshop: Part 1: TZI JI QI GONG is the foundational practice for all Qi Gong exercises. Through it the student comes to experience energy, very quickly. This practice also heals very rapidly, dispels negative emotions such as anger, worry, fear and the tendency to rush. It brings confidence and hope and encourages noble personal qualities, raising ambition to a high ethical level. It also improves the function of each organ, increases longevity and makes the body beautiful. Price: \$250.



We have offices in: 73-3 Great Plain Road
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Phone: 845 338 6045

www.qihealer.com
Email: qihealer@aol.com



Chinese Healing Arts Center

I first saw Grandmaster Tzu Kuo Shih, left in photo, in a video where he demonstrated what I believe is his signature style, Swimming Dragon. I was looking for additional training in healing Qi Gong and his Chinese Healing Arts Center offered a program which led to certification as a Qi Healer.

Looking at the video I was amazed at Grandmaster Shih's soft and gentle execution of Swimming Dragon. He was as supple as a young child and as light as a feather. His smile was energizing and his attention to detail apparent.

I was fortunate to spend many days with Grandmaster Shih learning his masterful approach to Qi Gong. He often repeated that to acquire Qi one must have good virtue, be kind and give from the Heart.

"Do good for others. Live according to the laws. Be happy, and peaceful. Great Tao is easy. Believe and it will be so! Powerful energy comes from doing good. Speak from the Heart. Respect your friends, family, parents and teachers. Be of Buddha Heart. Always do good and want nothing for the self."

He insisted that if you practice from the Heart, then the energy grows. You won't get tired. More work equals more kindness, equals more energy. "No Worry, No Hurry. Be quiet and peaceful. Tao is selfless, comfortable with the whole universe."

Many chronic diseases have an underlying emotional component. Each emotion is associated with an organ, which when out of balance leads to the appearance of specific symptoms. The Liver is weakened by excessive anger, the Spleen by worry, the Heart by shock, the Lungs by sadness and the Kidneys by fear.

Traditional Chinese Medicine believes that the original Spirit with its Five Virtues – Compassion, Order, Integrity, Trust, and Wisdom – appear in us naturally at birth.

Accumulated toxic energy as well as emotional and physical traumas can hinder the expression of the Five Virtues and undermine the health of the corresponding organ systems. The resulting

expression of toxic emotions impedes the natural flow of Qi resulting in disorder and disease.

Always remember the importance of virtue. Being harmonious and polite increases power. Work on character and emotions to have better Qi. A little smile on the face works magic. Let the eyebrows drop and jaw relax. The Yin Tang (mid-eyebrow point) opens and this connects the Heart with the intellectual brain avoiding a buildup of toxic Qi.

As Grandmaster Shih would often say: Smile from the Heart. This simple exercise positively transforms the way we perceive both our internal and external environment.

Be calm, peaceful and relaxed. Keep your Mind open. Do not underestimate the power of words. Words are like seeds. When planted, they grow. Say good things about everyone. This will build strong Qi. *By Maurice Lavigne*



OUR SINCERE APPRECIATION GOES TO ALL OF OUR DEDICATED TEACHERS. THANK YOU FOR YOUR HARD WORK AND DEDICATION TO CHINESE HEALING ARTS CENTER. OUR COURSES ARE TAUGHT BY CERTIFIED TEACHERS AT THE FOLLOWING BRANCHES OF THE CHINESE HEALING ARTS CENTER.:

OUR TEACHERS

Cynthia Armstrong

Mark Brophy

Master Brian Coffey

Master Fran Maher

Michael Gonzales

Master Andy Lee

Dr. Janet Oussaty

Patricia Pagano

Judith Parenti

Ronald Pearce

Dr. Susan Shack Sackler

Joe Zakszewski

CARRYING ON

By Terry Colao-Gomez

As part of the masthead of every Wu Tang Chuan Kung Association newsletter is the explanation of why the late Grandmaster Shih and his family founded the association.

It is the single purpose of "Providing the American Public with information about and instruction in the ancient Chinese arts of Tai Chi Chuan, Chi Kung, and traditional Chinese medicine."

It is a simple straightforward goal but a goal that requires a lot of dedication and of course hard work.

As Dr. Melanie Shih's office Manager, I am happy to help each and every one of you in any way that I can. You can call me or send an email and I will get back to you promptly. I look forward to getting to know all of you. The more I read and learn from Dr. Shih and all of you the more I am amazed at the power and what can be accomplished through Qi Healing.

Grandmaster Shih has tasked each and every one of us to carry on his work. I am proud to contribute in my own way. Now it is up to us to continue to study, learn and teach these things that were the cornerstones of his life. Teaching was the thing he was most proud of as he stated on many occasions. Let us honor his legacy and the goals he had to educate and inform others by continuing to move the association forward to realize its full potential.





Chinese Healing Arts Center

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MY PATH TO QI HEALING

By John Skeats

I could pick many events as the starting point that led me on the path to becoming a Qi Healer. The most clear event was the day I walked into Dr. Melanie Shih's office. I had been dealing with anxiety issues for a while and knew acupuncture could help that. Little did I know that meeting her would lead to such profound changes in my life.

As part of the initial interview, Dr. Shih asked me if I had any problems with joints. Boy, did I ever! I had had surgery on both knees. While my right knee had been a problem since a skiing accident in high school, my left knee had become far worse. I had torn the cartilage running a couple of years earlier. The surgery seemed to go well, but I had progressively worse problems in the year that followed. A visit to one of the top knee specialists in the world at the Hospital for Special Surgery in New York City left me with the disappointing news that Western Medicine had no good answer for my problem. The best they could offer was a nasty brace to mitigate the pain by shifting the weight away from the damaged area. A knee replacement was in my future, but they wanted to hold it off as long as possible. By the time of my appointment about six months later, I was essentially in constant pain whenever I was on my feet.

I had a lot of faith in acupuncture, but when Dr. Shih replied that she could help my knee, a little voice in the back of my head said, "Yeah, right! I saw the structural damage in the x-rays. Needles can't fix that." Still, I was willing to play along. I was surprised when I realized about six weeks later that I didn't need the brace any more and even more so when I started running again in about another six weeks! In the months that followed, I built up to six miles a day and have had no problems with either knee whatsoever to this day.

With what I saw as virtually a miracle under my belt, I was very receptive when Dr. Shih suggested one day "You should take my father's course." I asked a few questions and resolved to take the Qi Healer Intensive that fall. The class I had planned to attend was canceled because Master Shih had to travel to China, so I ended up taking the course with Brian and Fran Coffey early in 2014. I could not believe how much I learned in just six days. As all of my fellow Qi Healers know, there is a virtually unbelievable amount of knowledge and wisdom transferred during the course.

I left looking for opportunities to use my newfound skills. I found a few incidental opportunities, but the bulk of my healing activities took place at Brian and Fran's Qi Gong For Healing center practicing on other Healers.

My first client outside of class was a dog who had an acute case of lymphoma and was given thirty days to live. But when that time arrived, he was in full remission and went on to lead an active life for well over a year beyond that. Since then, I have had equally wonderful results with other dogs. I love working with dogs both because of how clearly they appreciate Qi Healing and because it proves that Qi Healing really works. The outcomes cannot be attributed to placebo effect when your client is a dog.

I've also been able to help people with a variety of problems ranging from minor injuries and small burns to fibromyalgia, Reflex Sympathetic Dystrophy Syndrome (RSD), and a serious C-Diff infection (which I detected before the patient or Western doctors did). Most of the work I do is distance healing. I routinely work on people (and dogs) not only around the United States, but also in Australia, Europe, and India.

At the end of the Qi Healer Intensive, we are each asked whether we are Qi Healers. Yes, I am a Qi Healer! It is truly a blessing to be able help people and animals as I now can. I am incredibly grateful to have been given access to this wonderful, ancient knowledge and wisdom. I continued on to take the Qi Therapist Intensive class, which gave me additional healing tools and a better understanding of the science behind Qi Healing. I look forward to continuing to grow my skills and hope to help share this knowledge and wisdom with the world in the years to come. ☺ ☺☺

My Path to Qi Healing by John Skeats

Year of the Fire Rooster:
January 28, 2017 to February 15, 2018



HAPPY NEW YEAR TO ALL !

新年快乐

(Xīn Nián Kuài Lè)

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Tong Ji Tang

IF YOU HAVE ANY QUESTIONS, PLEASE FEEL FREE TO CALL, EMAIL OR WRITE 266 SMITH AVENUE, KINGSTON, NY 12401
 PHONE: 845.338.6045 FAX: 845.338 5438 WWW.QIHEALER.COM—CLICK ON HEALING PRODUCTS: EMAIL: TONGJITANG@AOL.COM.

Books & Music



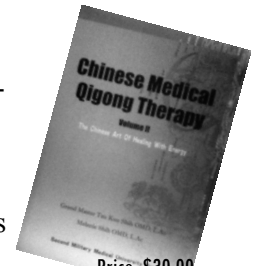
QIGONG THERAPY BOOK, VOL. I: *The Chinese Art of Healing with Energy*, by Grandmaster T.K. Shih

The Chinese Art of Healing with Energy. This long-awaited volume, the text of Master Shih's Qi Gong Therapist Training Program, includes an overview of Qi Gong theory and practice, quotations from traditional Chinese literature, philosophy and medical works. The book is an important source of information on understanding and directing mind and energy for both practitioner and therapist, plus beautiful illustrations, charts and diagrams.

Price: \$19.95
 Order #: TJT-B1001

CHINESE MEDICAL QIGONG THERAPY, VOL. II: *The Chinese Art of Healing With Energy* By Grandmaster Shih OMD, L.Ac. & Melanie Shih OMD, L.Ac.

- Covers all the information presented in Grandmaster Shih's 8-Day Qigong Therapy Intensive.
- Supplementary technical material that will appeal to medical doctors, acupuncturists and Qigong practitioners of all levels.
- Includes easy-to-use diagrams and explanations of where acupoints are located on the body, and how and why to use them.



Price: \$30.00
 Order #: TJT-BKV2
 Type: Book

Books



CHINESE HEALING ARTS CENTER MEDITATION MUSIC 2 CD SET

This music accompanied the Qi Healer Intensive, Level 1 course..
 Price: \$25.00 per set
 Order #: TJT-QIHI-1
 Type: CD

SWIMMING DRAGON BOOK by Master T.K. Shih

A Chinese Way to Fitness, Beautiful Skin, Weight Loss & High Energy With movement-by-movement photographs, diagrams and written explanations of this practice and Qi Gong theory. Excellent in conjunction with the video or by itself.



Price: \$29.95
 Order #: TJT-V2000
 Type: DVD

Books & Videos & Music



GUAN YIN GONG Meditation Music CD
 For the practice of Guan Yin Gong.
 Price: \$12.00
 Order #: TJT-GYCD-1004
 Type: CD

SWIMMING DRAGON DVD: A DVD with Master T.K. Shih

Learn this ancient Taoist exercise. With only 20 minutes of daily practice, you will deeply massage all your organs and muscles, become more flexible, happy and peaceful. Swimming Dragon is also an excellent exercise for weight loss. This beautiful video includes step-by-step instructions as well as scenes of China and exquisite Chinese music.

Price: \$15.95
 Order #: TJT-B1002
 Type: Book

Books & Video



CHINESE MEDICAL TUINA
 by Dr. Tzu Kuo Shih OMD L.Ac.

The video is divided into two parts. Part I, introduces attention in the treatment of tuina, indications, contraindications, and a brief history of tuina. It shows the nine most commonly used techniques.

Price: \$45.00
 Order #: TJT-404
 Type: Video Tape
 Approx. 90 minutes

Part II, introduces the applications of forty tuina techniques on the body and their curative effects. Instruction book included.

COMMONLY-ENCOUNTERED DISEASES TREATED BY CHINESE HERBAL MEDICINE

This video introduces Chinese medical diagnosis and herbal therapy for commonly encountered diseases, such as, the common cold, headache, neurasthenia, pains in the joints and bones, acute gastroenteritis, nasal problems. Instruction book included.



Price: \$39.00
 Order #: TJT-403
 Type: Video Tape
 Approx. 45 minutes

Qi Healing: Carrying On

(Continued from page 1)

best. Always be a student and never give up. My father, through his example, showed us that love for your family will ultimately guide us to love all others with an open heart. Helping people and showing kindness was always taught. Do everything with an open heart. Help people and be happy. Kindness was always taught. This is how I grew up. I was raised to have a big heart that was without jealousy. All of these lessons are with me and in my heart as I step into the job that I really have been preparing for all of my life, without ever realizing it completely.

On this Qi Healer day it was a beautiful morning. The sky was



This photo taken by Jorene Proper, in 1996, on the ferry to the birth place of my father, Chungming/Tsung Ming Island.

blue and the air was cool and crisp. I came down the stairs into the waiting area and saw my family greeting the students as they arrived, and busily preparing for the day. I saw my children, my husband and all of the familiar faces that were there. As I

walked toward the meditation room, I heard our Qi healer "meditation music" from the hallway. Coming into the room the students were quiet and peaceful. I see all the familiar faces, the humble and excited students of my father. I immediately felt the warmth from my dad, and was no longer nervous, because he was right there next to me I could hear his voice and feel his energy being transmitted. I hear his voice in my head and in my heart, he is reminding me that the heart is the biggest. "Smile from your heart. Open. Relax. You are in the Universe, the Universe is around you" and felt lucky to have my wonderful father there with me. I am so lucky to have grown up with this wonderful father and to be able to transmit his energy and knowledge to all of us. This is a gift from him and I am honored. I feel very lucky to be able to do this work and carry on his mission. I felt my energy being transformed and think of my dad's wish to give more of his knowledge to help students achieve a higher level of power in Qi healing.

I listen as the students tell about their own experiences. It was wonderful to hear the stories of their success' and to feel the great energy in the room. As we share experience and discuss the Five Hearts together, I think about my father and the bond he had with all of the CHAC teachers, healers and students and how essential that bond is.

I am blessed to be able to do this work and carry on his mission to share his knowledge with others. Qi Healer Day 2016 was a wonderful and powerful day for me. My dad is with me and he is smiling on all of us, I feel the rush of his energy that will carry us forward.

Our Next Qi Healer's Day: November 4, 2017

10:00 a.m.—3 pm



Qi Healer's Day in Danbury

By Masters Brian Coffey & Fran Maher

Qi Healer's Day in Danbury was attended by a number of New Jersey Qi Healer Course teachers. Class began with a powerful transmission from Dr. Melanie Shih. Dr. Shih and her family provided assurance that the traditions and methods of the Chinese Healing Arts Center will continue, as she has taken on the role of Director in accordance with her father's wishes. For news training scheduled for see page 4.

We students are privileged to be members of the Chinese Healing Arts Center. The tradition of a lineage and transmission are sacred treasures. We have all listened carefully and studied hard to learn the methods and join the mystery of Qi Gong and Qi Healing. In turn, we



have been rewarded by experiencing the gifts of how to continually improve our own practice, and how to help others. I cannot write further without saying how much I learned about coming from the heart from Honorable Grandmaster Dr. Tzu-Kuo Shih and his family...and from the students we have enjoyed teaching, each one unique and wonderful in their own way, and each one making the school stronger, heart and mind together.

We will miss our first teacher—his kindness and humor. His stern frown when over and over we gave the wrong answers in class. He would shake his head, forgive us, and give us the information again in a new way. And his awesome knowledge and command of Qi. And his promise that we could call on him and his ancestors when we really needed help. And his deep wisdom. Now he has become an ancestor, and his work here is carried forward by his chosen successor, who will continue to share with us her heart and her knowledge of the time honored practices and methods bestowed on her by her father.

So welcome, Dr. Melanie Shih, Director. We look forward to your continuance of the Chinese Healing Arts Center and the unfolding of your teaching role.



Check our Website for more scheduling information

We have offices in: 73-3 Great Plain Road Danbury, CT 06811 Phone: 203 748 8107

266 Smith Avenue Kingston, NY 12401 Phone: 845 338 6045

www.qihealer.com Email: qihealer@aol.com

Membership & Re-certification Form

Membership in the Wu Tang Chuan Association entitles you to a 10% Discount on all workshops, invitations to special demonstrations, subscription to this newsletter, and the satisfaction of knowing that you are supporting the CHAC.

Call the Chinese Healing Arts Center for more information: 845 338-8045
 Email: qihealer@aol.com Website: www.qihealer.com
 Inquire about classes in Kingston and Danbury.

ATTENTION QI HEALERS
 Qi Healers are required to renew their certification every year. Please send a 2X2 photo of yourself, reports from your patients, and a check for \$25 payable to the Chinese Healing Arts Center

Mail to: Chinese Healing Arts Center, 266 Smith Ave., Kingston, NY 12401
 Please make checks payable to: Chinese Healing Arts Center

NAME: _____

ADDRESS: _____

CITY: _____ **STATE:** _____ **ZIP:** _____

TELEPHONE: _____ **EMAIL:** _____

I am renewing my Qi Healers certification for one year. My photo, patient reports and check for \$25 are enclosed.

I would like to join the Wu Tang Chuan Association—My check for \$25 is enclosed.

I am renewing my membership in the Association—My check for \$25 is enclosed.

I would like to continue receiving the newsletter without joining the Association. —My check for \$10 is enclosed.

Thank you

新年快乐



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